



INDIAN MEDICAL ASSOCIATION, TELLICHERRY

Monthly Report of Activities for the month of February 2025

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MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	2	644
JDN(Less than 40)		128
SSS I		323
SSS II		283
SSS III		239
PPS	6	358
CGP		37
AMS	-	133
PEPS		10
KHS	4	380
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

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2.BRANCH MEETING

D) EXECUTIVE COMMITTEE MEETINGS

12.02.2025: EXECUTIVE MEETING

Executive Committee Meeting on 12.02.2025. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 48 members attended the meeting. Vote of thanks was proposed by Dr.Sreejith Valappil (Secretary IMA Thalassery).



**INDIAN MEDICAL ASSOCIATION
THALASSERY**

FIFTH EXECUTIVE COMMITTEE MEETING

Dear Doctor,
Notice is hereby issued for Fifth Executive Committee Meeting of the IMA year 2024-'25, to be convened at **Lions Hall,Opp.PWD Rest House,Thalassery, on Wednesday, 12th February 2025 between 8.00 pm and 9.15pm.**
Kindly attend on time, without fail.

AGENDA


1. Opening remarks from the chair.
2. Review of activities till date.
3. Planning of activities until next Executive Meeting
5. Other matters with the permission of the chair.

SPONSORS

DR.MOHANAN P K
DR.MANOJ KUMAR P
DR.PRASHANTH M
DR.RAVINDRAN U K
DR.RAMAKRISHNAN K P
DR.SANTHOSH M K
DR.SREEDHARAN A P
DR.SIMI MANOJ KUMAR

Sd/-
Dr.Nadeem Abootty (President)
Dr.Sreejith Valappil (Secretary)
Dr.Deepa Divakaran (Treasurer)

Dinner will be served from 7.30pm onwards



II) GENERAL BODY MEETING

26.02.2025: GENERAL BODY MEETING

The General Body Meeting was held at Lions Hall, Thalassery. Dr. Nadeem Abooty (President) welcomed the attendees. Dr. Sreejith V (Secretary) proposed a vote of thanks. A total of 80 members attended the meeting.

INDIAN MEDICAL ASSOCIATION THALASSERY

You are cordially invited to
GENERAL BODY MEETING & Dr. ALBERT KALLAT MEMORIAL ORATION

Wednesday 26th February 2025 At 8 pm
Venue: Lions Hall, Thalassery

ORATION
"DOCTOR AS A BYSTANDER"
Dr. MURALEEDHARAN A K
Chief Anaesthesiologist & Intensivist
HMS Hospital, Kottakkal

Kindly do attend. Anticipating your presence on time.

Dr. Nadeem Abooty President, IMA Thalassery
Dr. Sreejith Valappil Secretary, IMA Thalassery
Dr. Deepa Divakaran Treasurer, IMA Thalassery

Dr. ALBERT KALLAT MEMORIAL ORATION
IMA THALASSERY



III) BRANCH CME

16.02.2025: CME ON "EARLY DIAGNOSIS OF CANCER FOR PRIMARY CARE PRACTITIONERS; A STEP TOWARDS EQUITABLE CARE"

CME on "Early diagnosis of cancer for primary care practitioners; A step towards equitable care" was held at Seminar hall of MCC-PGIOSR in association with IMA Thalassery on 16th Feb 2025.

The CME began at 9:30 AM with an inaugural session presided over by Dr. Nadeem Abootty, President of IMA Thalassery. Dr. Neethu AP delivered the welcome address, setting the stage for an insightful academic session.

Dr. Sasidharan K, State Secretary of IMA KSB, formally inaugurated the event. This was followed by the keynote address by Dr. Satheesan B, Professor and Director of MCC-PGIOSR, who emphasized the importance of early cancer detection and preventive strategies in oncology. The inaugural session concluded with a vote of thanks by Dr. Deepa Vivek, Treasurer of IMA Thalassery.

Scientific Sessions

The academic sessions commenced at 10:30 AM, covering various aspects of cancer screening, early diagnosis, and management strategies. The key topics and speakers were:

Cancer Screening – An Introduction (Dr. Neethu AP)

Cancer Burden: An Overview (Dr. Saina Sunil Kumar)

Early Diagnosis of Head and Neck Cancer (Dr. Sandeep Vijay)

Early Diagnosis of Breast Cancer (Dr. Geetha M)

Early Diagnosis of Cervical Cancer and Management of Precancers (Dr. Rachana P)

Overview of Tobacco Cessation and Management of Oral Potentially Malignant Disorders (Dr. Phinse M Philip)

Recent Advances in Cancer Care (Dr. Bonny Aloysius Joseph)

Patient Journey in Cancer Care – An Overview (Mrs. Anitha T)

The CME concluded with a tour of MCC-PGIOSR facilities from 3:00 PM to 4:00 PM.

The CME was well-attended by 65 doctors, who actively engaged in discussions and shared their insights. The sessions provided valuable updates

on cancer screening, diagnosis, and management. Experts from various oncology specialties contributed to the academic success of the event.



3) BRANCH COMMUNITY & SOCIAL ACTIVITIES

a) Awareness Class

30.01.2025: AWARENESS CLASS ON BLOOD DONATION AND ORGAN DONATION

Awareness class on Blood Donation and Organ Donation was taken by Dr. Priya P. Rajendran at Govt. U.P School, Mattannur on 30th January. Students pledged on blood and organ donation. Pamphlets on blood donation were distributed to the Students. Around 75 students participated in the program.



05.02.2025: AWARENESS SESSION ON ‘TB, TB PREVENTIVE THERAPY AND NTEP UPDATES’

Awareness session on ‘TB, TB preventive therapy and NTEP updates’ taken on 5.2.25 at ASTER MIMS Kannur by Dr.Rejna Dilnath as part of 100 day campaign for TB free Kannur for enhancing public private partnership in prevention of TB.



24.02.2025: AWARENESS CLASS ON LEPTOSPIROSIS

An awareness class on leptospirosis was conducted at Pinarayi convention centre by Dr.Maya Jithin for Kudumbasree workers on 24.2.25.Around 70 ladies participated in the program.



b) Medical Camp

14.02.2025: Tb/leprosy/ncd/breast and oral cancer screening was conducted for 25 Mahila Mandiram inmates at Moralunnu on 14.2.25 by Dr.Vidya.



20.02.2025: MEDICAL CAMP FOR MIGRANT WORKERS

A medical camp for migrant workers was held at Mother and Child building site at Kandikal on 20/2/25 . Leprosy/Dental/ TB/NCD/Cancer screening was done.Around 70 migrant workers were screened by Dr.Vidya.Peripheral smear examination was done to screen for malaria.



22.02.2025: SCREENING CAMP

A screening camp was conducted in association with police department was conducted at Govt UP school Makootam on 22.2.25 for TB,Cancer screening,NCD ,Leprosy. 65 workers which included 15 police men participated in the program.



Honored

22.02.2025: As part of their anniversary celebrations, Med Populous Surgicals honored five esteemed senior doctors for their outstanding service and dedication to society. The felicitation ceremony took place on February 22, 2025, with Honourable Speaker Sri A. N. Shamseer presenting the awards.



4) PARTICIPATION IN STATE MEETING

State Working Committee

23.02.2025: SWC MEETING

Dr.Surendra Babu V P,Dr.Pradeep Kumar K and Dr.Nadeem Abootty attended the SWC Meeting at Trivandrum.



Any other event designated by the state

14.02.2025: DISTRICT COMMITTEE MEETING

Dr.Sasidharan K(State Secretary IMA), Dr.Babu Ravindran T N(Past National Vice President), Dr.Ramesh R(Past President IMA KSB), Dr.Nadeem Abootty(President IMA Thalassery), Dr.Sreejith V(Secretary IMA Thalassery) and Dr.Mini Balakrishnan(Past President IMA Thalassery) attended the Dist Committee Meeting at IMA Hall Kannur.



5) STATE PROGRAMMES

i) Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 300 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii) Observation of State designated days

World Cancer Day Program

03.02.2025: CANCER AWARENESS CLASS

Dr. Neetu took a cancer awareness class for students of 8th to 10th standard of Jawahar Navodaya Vidyalaya, Mahe organised on 3.2.25 in connection with World Cancer Day to be observed on 4.2.25. Around 100 students participated.



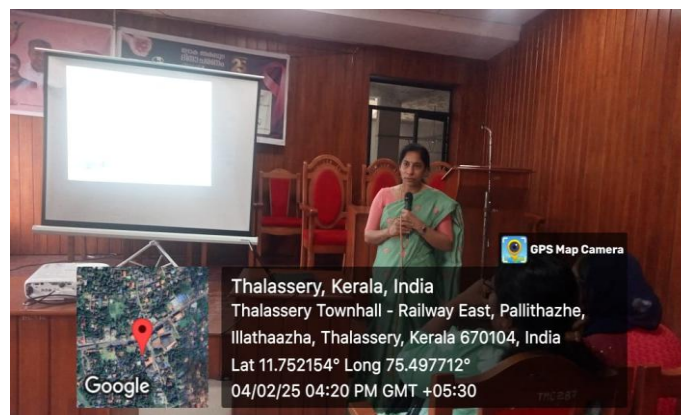
04.02.2025: CME ON “CANCER DIAGNOSIS AND TREATMENT: ETHICAL CHALLENGES AND SOLUTIONS”

Dr. Joneetha Jones, WIMA member was one of the panelist for the CME on “Cancer Diagnosis and treatment: Ethical Challenges and solutions” organised by State IMA AMS as part of World Cancer Day on 4.2.25.



04.02.2025: SESSION ON “COMMON CANCERS IN FEMALES”

Dr. Neetu took a session on “Common Cancers in females” for Kudumbasree workers of CDS unit Thalassery at Kodyeri Balakrishnan Memorial Thalassery town hall on 4.2.25 as part of observing World Cancer Day. Around 50 Kudumbasree workers attended the session which was inaugurated by Municipal Chirperson Jamuna Rani teacher.



07.02.2025: CANCER AWARENESS CLASS AND CAMP

Cancer awareness class and camp was organised on 7.2.25 at Mangattidam panchayath hall. Dr.Sreeja Viswan took the awareness class.Around 55 ladies were screened for ca breast and ca cervix.Suspicious cases for Ca cervix were sent to PHC Mangattidam for Pap smear.



07.02.2025: AWARENESS CLASS ON COMMON CANCERS IN FEMALES

An Awareness class on common cancers in females was taken by Dr Dhanya Chandran at Kodyeri PHC on 7.2.25.The program was inaugurated by Ward Councillor Mr. Manoharan. Around 35 people attended the program.



13.02.2025: AWARENESS CLASS ON CA BREAST AND CA CERVIX

An awareness class on Ca breast and Ca Cervix was conducted at GH Thalassery today on 13.2.25. Dr. Sreeja welcomed the gathering. The program was inaugurated by Thalassery GH Superintendent Dr. Rajeevan V K. Awareness Class was taken by Dr. Mini Balakrishnan, Senior Gynecologist and State WIMA Vice Chairperson. Around 120 field staff from various PHCs and CHCs and Nursing students participated in the very interactive class. Dr. Preeja, Junior Consultant in OBG, GH Thalassery demonstrated the correct technique of taking a pap smear.



15.02.2025: INTERNATIONAL CHILDHOOD CANCER DAY

In connection with International Childhood Cancer Day 2025, pamphlets about Childhood cancers and the available facilities at Malabar Cancer Centre was distributed by Dr.Maya Jithin on Feb 15th. The key focus was information about early detection, treatment options and how families can access medical care and support through MCC.



20.02.2025: CANCER AWARENESS CLASS

Cancer awareness class was taken for Anganwadi workers and ASHA workers at Panchayat Hall Mangattidam on 20.2.25 by Dr.Sreeja Viswan. Around 45 ladies participated in the program.



20.02.2025: CANCER AWARENESS CLASS

Cancer awareness class to ASHA NREG AND KUDUMBASREE workers was taken by Dr.Dhanya Chandran on 20.2.25 at Kodyeri PHC.Around 30 ladies participated.



22.02.2025: CANCER SCREENING PROGRAM

40 Anganawadi workers from Morakunnu Anganwadi took part breast cancer screening program conducted at PHC Kolassery.Dr.Vidya conducted the program.



24.02.2025: AWARENESS CLASS ON CA BREAST AND CA CERVIX

An awareness class on Ca breast and Ca cervix was taken by Dr.Maya Jithin at Pinarayi Panchayat on 24.2.25 as part of Arogyam Aanandam campaign.Around 70 Kudumbasree workers participated in the program.



21.02.2025: WORLD ANEMIA AWARENESS DAY

Awareness class conducted by Dr.Priya P.Rajendran at Government Higher Secondary School Mattannur. Smt.Sudha, Headmistress welcomed the gathering. Smt.Nelji and Smt.Fousi, Public Health Nurses gave felicitations. Haemoglobin Detection Camp for students at Mattannur Govt.Higher Secondary School as a part of Anemia Awareness Day in partnership with DDRC Agilus Lab.Pamphlets on Anemia were distributed to the students.Hb detection was done for 90 students.



5) SUB COMMITTEE ACTIVITIES

i)Public ELS Programme

18.02.2025: BLS CLASS FOR STAFF OF CHC IRIVERY

BLS class for staff of CHC Irivery by Dr.Sreeja Viswan and Dr.Anand on 18.2.25.Around 88 staff participated .



6) SPECIAL PROJECTS BY BRANCH

1) FITNESS AWARENESS PROGRAM

09.02.2025: SESSION ON 'KARATE BASICS & MEDITATION'

WIMA joined hands with IMA Thalassery in organising a session on 'Karate Basics & Meditation' as part of Healthy IMA Healthy Thalassery at 6.30am on 9.2.25 at Overburry's Folly, Thalassery. Around 15 WIMA members attended the session.



23.02.2025: FUN FIT WORKOUT WORKSHOP

WIMA joined hands with IMA Thalassery for a fun fit workout workshop at Harbour Fitness, Thalassery on 23.2.25 as part of 'Healthy IMA, Healthy Thalassery' campaign. The program included customised fitness program with expert guidance focusing on overall wellness and mental health.



2)Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon

3)Pain and Palliative Care Society

01.02.2025: IMA Thalassery Pain and palliative Care society arranged a tour for doctors, staff, volunteers and family. One day tour programe to Neeleswaram and spent more time in boat and visit backel fort and other historic places in Kannur and Kasaragod districts.



03.02.2025 : IMA Thalassery Pain and palliative Care society has purchased a new vehicle for his home care visit and other activities.



1. 1.NUMBER OF NURSES HOME CARE CONDUCTED... 9 (ON ALL WEDNESDAYS AND SATURDAYS)
2. NUMBER OF VOLUNTEERS (HOME CARE CONDUCTED)...9
3. NUMBER OF VOLUNTEERS HOME CARE PATIENTS... 38
- 4.NUMBER OF NURSES HOME CARE PATIENTS... 38
5. NUMBER OF OUT PATIENTS (OP) CONDUCTED... 4 (ON ALL WEDNESDAY)
6. NUMBER OF PATIENTS OP ATTENDED.....80
7. NUMBER OF WOUND CARE PATIENTS.... 4
8. NUMBER OF CATHETER CARE PATIENTS.... 9
9. NUMBER OF DEATH CASE.. 5
10. NUMBER OF MORPHINE PATIENTS.. 28
11. NUMBER OF CANCER PATIENTS... 60
- 12.NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME CARE VISITED.... 7
13. NUMBER OF NEW CASE...26
- 14.DOCTOR'S HOME CARE... 1
15. NUMBER OF DOCTOR'S HOME CARE PATIENTS.. 1
16. February 1st to 28th 2025 reports

Dr. Albert Kallat Memorial Oration

26.02.2025: GB CUM DR. ALBERT KALLAT MEMORIAL ORATION

The GB cum Dr. Albert Kallat Memorial Oration Meeting was held at Lions Hall, Thalassery. Dr. Nadeem Abootty welcomed the gathering and presided over the meeting. Dr. Deepa Vivek, Treasurer of IMA Thalassery, presented the minutes and recent activities. Dr. Arun Kumar remembered Dr. Albert Kallat, and Dr. Pushparaj SR introduced the guest speaker, Dr. Muraleedharan AK, who delivered this year's Dr. Albert Kallat Memorial Oration. Dr. Sasidharan, State Secretary, conveyed updates from the IMA State Headquarters. The meeting was attended by 80 members.

